

LASIK Before and After Surgery Instructions

Pre-Operative Instructions:

- **ONE DAY** prior to surgery begin using the antibiotic / anti-inflammatory combination drops (**Pred-Gati**). 1 drop 2 times daily.
- **Remove contact lenses 3 days before the surgery date.**
- It is recommended to begin using artificial tears one week prior to surgery. (Use as needed.)
- Using baby shampoo, cleanse your face thoroughly the last 3 days prior to surgery. Do not forget the eyelashes.
- Two days prior to surgery, discontinue the use of makeup such as: mascara, eyeliner, eyeshadow, et.
- Make the necessary arrangements to ensure you will have someone to accompany you the day of surgery.
- It is essential that you get a good night rest the night before surgery.

The Day of Surgery:

- **Do not install any drops into the eye on the day of surgery.**
- No perfumes, no scented lotions, hairspray, etc.
- Have a light breakfast.
- The procedure takes about 10 to 15 mins but expect to be at the surgery center for about 2 hours.
- Dress comfortably.

After the Surgery:

MEDICATION:



PRED-GATI

(Anti-inflammatory Antibiotic Combination)
1 drop, 2 times a day for 4 days



Durezol & Vigamox
1 drop, 2x a day for both
4 days



REFRESH

(Artificial Tears Preservative Free)
1 drop 4 times daily or as often as needed.

1. Rest your eyes as much as possible the day of surgery. A dark room is best for resting. Do not test or stare.
2. No make-up for 1 week. Face powder and eye-shadow are okay.
3. No swimming or beach diving for 2 weeks following your surgery.
4. Wear the clear protective shield (all day) the day of your surgery and sleep in them for the next week or until doctor's notice.
5. **PAIN:** You can take Tylenol or Advil for the pain.

***If you have any questions please call us or for an emergency call 911.**